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### **Print Exhibits**

### **Event Posters**



Mandel Center for Hypertension and Atherosclerosis

# The Inaugural Mandel Center Seminar

Wednesday, December 13, 4:00 p.m. School of Nursing Auditorium Trent Drive, Durham

Robert J. Lefkowitz, MD, Inaugural Speaker A short reception will follow the seminar.

We invite you to celebrate the establishment of the Mandel Center for Hypertension and Atherosclerosis at Duke, supported by the Edna and Fred L. Mandel, Jr. Foundation.

The kickoff seminar will formally introduce the Mandel Center and begin a yearlong series of seminars on topics related to hypertension and atheroxclerosis. We also will officially open the two competitive Requests for Proposals (one for a senior investigator and one for a junior investigator) that will be supported through the Mandel Center. Parking for the seminar is available in the parking deck located on Trent Drive across from the School of Nursing.

Call Robin Fowler at 919.667.2555 or email robin.fowler@duke.edu to RSVP or for more information.



Be a part of the

# **Duke Medicine**Race for the Cure Team

Help raise awareness and funds for breast cancer research



Saturday, June 14, 2008 Meredith College



### You can participate in 3 ways:

- Join the Duke Medicine Team by signing up to walk/run at komennctriangle.org
- Be a team captain and recruit a minimum of 10 walkers/runners
- Join us at the race

### For more information contact:

Duke University Hospital
Tina Piccirilli, picci003@mc.duke.edu

Duke Raleigh Hospital
Paige Humble, p.humble@duke.edu

Durham Regional Hospital
Kellie Peacock, kellie peacock@duke.edu

Duke Medicine is the local presenting sponsor of the 2008 Komen NC Triangle Race for the Cure®



### **Physician Advertising**





# Myth buster, heart mender

Duke cardiologist Kristin Newby, MD, wants women to know that their number one health risk is not what they think.

What do you think would surprise women about heart disease? Most women believe breast cancer is the biggest threat to their health. It's not. Heart disease is the number one killer of women. Despite all the efforts, women still underestimate the threat of heart disease. Also, the gender gap that exists in regard to heart disease can be very surprising.

### What sort of gender gap?

Studies show that women are less likely to receive evidence-based therapies than men. We need to better understand what is underlying that phenomenon so we can be sure women are receiving treatments that we know work today. Women are less likely to receive intensive treatments for heart attack, even though they are more likely than men to die within a year of a first recognized heart attack. Women also develop heart disease later in life than men, so they may not worry about it as much as men do. Even the symptoms of heart attack in a woman are often not the classic ones. Instead, they may experience nausea, fatigue, or neck or shoulder pain.

### What risk factors should women be aware of?

The risk factors include high blood pressure, high cholesterol, smoking, obesity, poor diet, lack of exercise, family history, and diabetes. But metabolic syndrome may be the most important marker for early detection of coronary disease in women. Metabolic syndrome often precedes type 2 diabetes. It is a collection of health risks that includes obesity, high blood pressure, high blood sugar, and other abnormal blood work results that your doctor can measure.

The Duke Center for Women's Heart Care is dedicated to raising awareness about women's risk of heart disease and delivering multidisciplinary care.

Duke is the only heart center in the Southeast ranked in the top ten by U.S.News & World Report.

### **Duke** Heart Center

dukehealth.org/heart 1-888-ASK-DUKE





What's new in orthopaedics



# Joint Chief of Staff

Duke's James Nunley, MD, chief of orthopaedic surgery, leads an elite team of bone, muscle, and joint specialists.

### You specialize in foot and ankle surgery. Are ankle replacements common?

Ankle replacements are actually extremely uncommon, with less than 3,000 done per year, compared to about 250,000 hip replacements each year. Not many doctors are trained in this kind of surgery. At Duke, we have three leaders in the field, and we've probably done more ankle replacements in the last year than any other place in the United States. We were also instrumental in developing the techniques used for ankle replacement.

Why has it taken so long for ankle replacements to take off? New prostheses developed in recent years are making ankle replacements a better option. In 1975, we fused hip joints to treat arthritis. Eventually, artificial hips were developed, which are now quite effective. The same thing is happening with the ankle. We started off fusing the ankle joint, but new and better prostheses mean we can do replacements for more patients. Today, we can do things we couldn't do three years ago.

### When should a person consider an ankle replacement? When the pain interferes with lifestyle, you should consider an ankle replacement to improve function and to relieve pain-just as for the hip. Many people live with the pain because they don't know what's possible.

What research is happening at Duke in orthopaedic surgery? One of our main research labs focused on translational medicine is studying methods of replacing cartilage through the use of stem cells. Another is studying the biomechanics of joints—how they function, particularly the knee and ankle. And in the lab known as the Coach K lab, we're studying problems such as stress fractures in the lower extremities, and how athletes and others can reduce injury and improve performance. All of our labs have a clinical focus, but come at it from different angles. All our research is focused on better patient care.

Duke Orthopaedics is ranked #7 in the nation by U.S.News & World Report.

# **Duke** Orthopaedics

dukemedicine.org

# **Local Advertising**

dukehealth.org Visit our Web site to learn more about these and future events or to register online.

# **Duke**Medicine June Events



### RALEIGH / CARY Scoliosis and Kyphosis:

It's Not Just for Kids! Tuesday, June 3, 6:30 p.m. Presented by Lloyd Hey, MD Duke Raleigh Cancer Center 3404 Wake Forest Road, Lower Level Registration Required: 1-888-ASK-DUKE

### 2008 Komen NC Triangle Race for the Cure

Saturday, June 14, 7:00 - 11:00 a.m. Duke Medicine is proud to be the local presenting sponsor Meredith College

Registration and Fee Details: komennctriangle.org

### North Hills Farmers' Market Saturdays through October,

Details: northhillsraleigh.com

8:00 a.m. - noon Sponsored by Duke Raleigh Hospital The Commons at North Hills (Across from the theater, around Ben & Jerry's)

Join Duke health experts at our events throughout the Triangle to learn how improve your health and your life. All events are FREE unless otherwise noted.



### DURHAM

### Women: Your Body Type and Heart Health Risks

Saturday, June 7, 10:00 a.m. – 12:30 p.m. Free blood pressure and body composition screenings, education, and counseling. Presented by the Duke Heart Center. Durham County Library Southwest Branch 3605 Shannon Road Registration Required: 1-888-ASK-DUKE

American Red Cross Blood Drive Wednesday, June 11, 10:00 a.m. - 2:30 p.m. Durham Regional Hospital 3643 North Roxboro Road

### Registration Required: 919-470-6524 Free Community Eye Screenings

Wednesday, June 11, 2:00 - 6:00 p.m. First-come, first-served. Cosponsored by the Duke Eye Center and the Lions Club. Kroger, 3825 South Roxboro Street Details: 1-888-ASK-DUKE

### Heart Disease and Depression

Saturday, June 14, 10:00 – 11:00 a.m. Presented by Wei Jiang, MD Duke Clinic, Purple Zone Room 3031 Trent Drive Registration Required: 1-888-ASK-DUKE



Breast Cancer Is Personal

### Saturday, June 21 8:00 a.m. - 1:00 p.m.

Get the newest facts about treatment options such as chemotherapy, surgery, radiation, reconstruction, and complementary alternative medicine. Also learn the latest about genetic counseling, diet and nutrition, and exercise, as well as integrative approaches to breast cancer care.

Registration Required: 1-888-ASK-DUKE

Registration Fee: \$10 before June 18 \$15 at the door

Brier Creek Country Club 10404 Lumley Road Raleigh, North Carolina

"At Duke we believe that individuals become cancer survivors at the moment of diagnosis and continue to be survivors for the rest of their lives."

—Tina Piccirilli

### 2008 National Cancer Survivor's Day Celebration

### Sunday, June 8, 11:00 a.m. – 3:30 p.m.

Join featured speaker Beverly Kirkhart, cancer survivor and coauthor of Chicken Soup for the Surviving Soul, for a daylong family celebration of survivorship. You'll hear messages of hope and inspiration, interact with health care experts at educational displays, and enjoy a fun-filled day. Children's activities and lunch will be provided.

For a full schedule of events, parking information, and registration details, visit dukehealth.org/events/cancersurvivorsday or call 1-888-ASK-DUKE.





THE NEW DUKE MEDICINE PLAZA IN RALEIGH fulfills the promise to bring Duke Medicine closer to you. Today Duke urology, pulmonary, neurology, cardiology, gastroenterology, ophthalmology, thoracic surgery, neurosurgery, and state-of-the-art imaging are all on the Duke Raleigh Hospital campus on Wake Forest Road. You no longer have to leave Wake County to be treated by a Duke specialist. This is Duke Medicine. Closer to you.





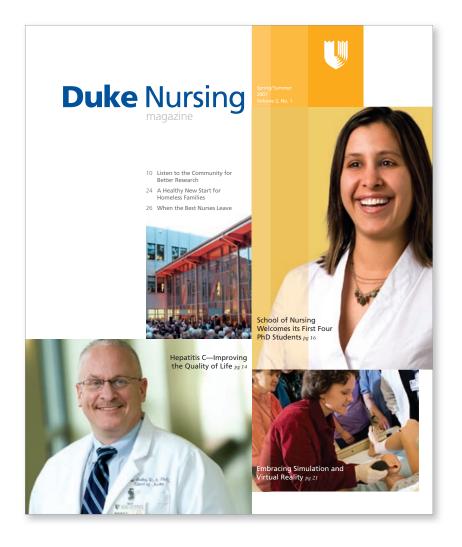
For more information or an appointment call 1-888-ASK-DUKE or visit Dukeraleighhospital.org.

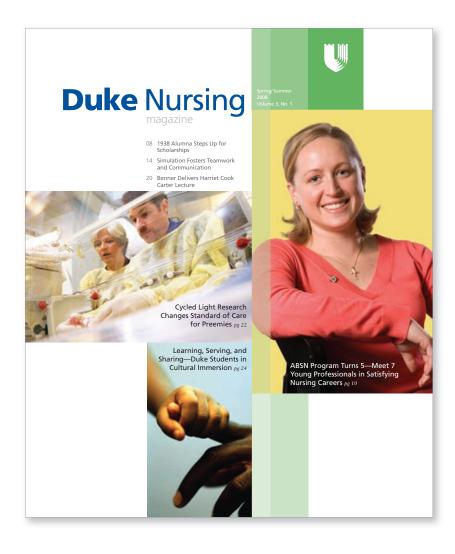
# **Publications**





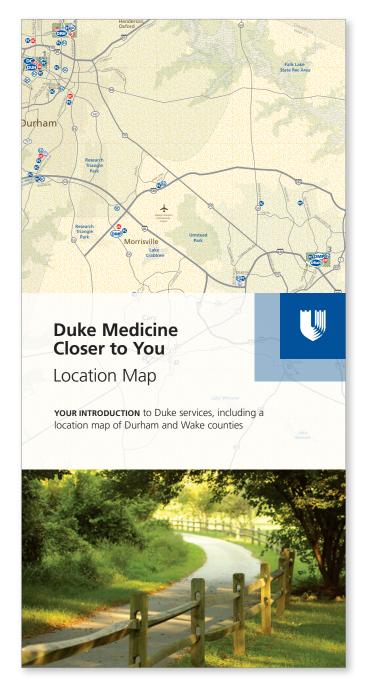
### **Publications**





# **Community Communications**

07 The plastic-poison debate 08 How to protect your memory 10 Cancer care gets genetic 12 Heart-helping drugs 16 Put the breaks on osteoporosis 19 Kid sleep woes Medicine's future brought **Duke**Medicine home to you connect



### **Community Communications**

### A Wide Range of Specialties

We offer comprehensive health care services, including:

### Ambulatory Surgery

Duke's full-service ambulatory surgery facilities provide outpatient surgery in a warm, caring environment.

### Primary Care

Our primary care physicians are here to take care of your family's day-today health concerns.

### Urgent Care and **Emergency Medicine**

For quick medical attention when your primary care physician is not available, turn to Duke Urgent Care. Emergency care for life-threatening conditions and late-night trauma is available at all Duke hospitals.

Consistently ranked among the nation's top 10 cancer centers, Duke offers outstanding multidisciplinary programs for all types of cancer. Duke Raleigh Cancer Center offers convenient access to care for patients in Wake County. Duke Oncology Network extends access even farther beyond the Triangle with locations throughout North Carolina and southern Virginia, providing Duke-quality care for patients in their local communities.

### Heart

Duke has one of the world's leading programs in heart care, backed by one of the most respected cardiovascular

Health and Wellness Services We offer a range of personal health programs designed to give you the individualized support you need to enhance your well-being. These offerings include the world-renowned Duke Diet & Fitness Center, Duke Integrative Medicine, and

### Medical Plazas

the Executive Health Program.

Medical plazas bring a variety of patient services and specialties under one roof-

Obstetrics and Gynecology Duke Obstetrics and Gynecology provides the primary care services women need at every stage of their lives. Specialty services include gynecologic oncology, urogynecology, and fertility care.

### **Pediatrics**

We provide comprehensive care for newborns, children, and adolescents, from primary care to specialty services. Duke Children's Hospital & Health Center provides diagnostic, medical, surgical, and emergency care in a child-friendly environment.

### Orthopaedics

Duke Orthopaedics cares for all your body's bones and joints. Specialized services include joint replacement, sports medicine, foot and ankle, spine, and elbow and hand programs.

# Patient Care Quality

We pledge to provide you with the highest quality health care. Each hospital, home health service, hospice, and physician group has at least one team that focuses on clinical quality and patient safety.

Duke uses evidence-based medicine to ensure quality patient care. Our researchers are conducting hundreds of clinical trials and outcomes studies each year to determine which medications, procedures, and devices are most effective and to make sure you have access to the very best care available.

### Locations

Use the following key co Duke physician near you

### 

- c2 Duke University Hospital Inset 1
- ca Duke Children's Hospital & Health c1 Durham Regional Hospital Inset 2

### Ambulatory Surgery

- c1 Davis Ambulatory Surgical Center c1 Duke Ambulatory Surgery Center
- c2 Duke Mohs Micrographic Surgery

- Primary Care (Family Medicine
- C3 Duke Children's Primary Care C2 Duke Family Medicine Center
- c2 Duke Health Center at Pickett Ros c1 Duke Health Center at Roxboro S
- c3 Duke Health Center at Southpo
- c1 Duke Outpatient Clinic Inset 2
- c1 Durham Medical Center Inset c1 Durham Pediatrics (N. Duke Str

### Specialty Care

- Adult Bone Marrow Transpla Outpatient Clinic Inset 1
- cz Duke Aesthetics Center
- c1 Duke Asthma, Allergy, Center Inset 2
  c2 Duke Center for Living
- cz Duke Center for Vision
- c1 Duke Child Developme Health Clinic Inset
- cz Duke Clinic Inset 1 AIDS Research and

Allergy Bone and Metabo Cardiology Cardiothoracic Su Dermatologic Las

Dermatology Diagnostic/Com Electroconvulsiv Employee Occu, Endocrinology Fetal Diagnos

Gastroenterolo Hemostasis and Hyperbaric Me Lupus Mammography

OB-GYN Oncology-Mei Oncology–Surg Orthopaedics Otolaryngology Physical Therapy Preoperative Scre The Preston Robe

Prostate Center Pulmonary Media Renal Medicine Rheumatology Speech Pathology a

Duke Medicine. Closer to you. To make an appointment, learn more about our services, get help choosing a health care provider, or register for an event, call 1-888-ASK-DUKE or visit dukehealth.org. Access your lab reports, pay bills online, and make appointments at HealthView.dukehealth.org. Falls Lake This map was updated October 7, 2008. We are always moving and growing, so check State Rec Area dukehealth.org for the latest information. Map Legend Scale = 1 mile **Duke Medicine Services** Ambulatory Surgery .... Duke Children's ..... **DMP** Duke Medical Plaza..... OUH Duke University Hospital. DRaH Duke Raleigh Hospital .. ORH Durham Regional Hospital .. Emergency Medicine.... 1 OB-GYN . Wilson Primary Care ..... Specialty Care ..... 60 Urgent Care ..... **Outdoor Features** Raleigh Forest or Wildlife Area .. Water **Roads and Route Shields** Fayetteville, Lumberton, Interstate ..... U.S. Highway ..... Smithfield Whiteville State Highway ...... Inset 3 **Duke Raleigh Hospital** 

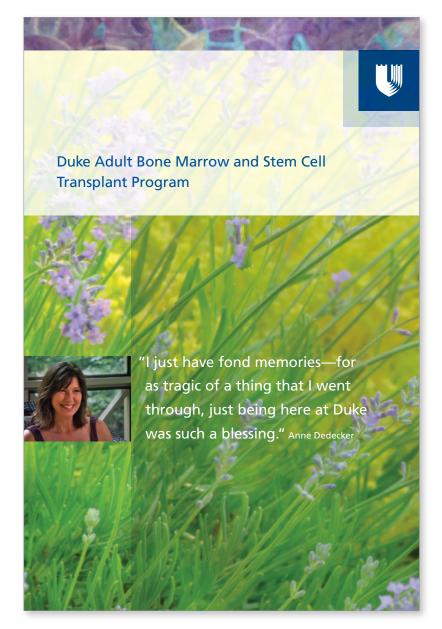




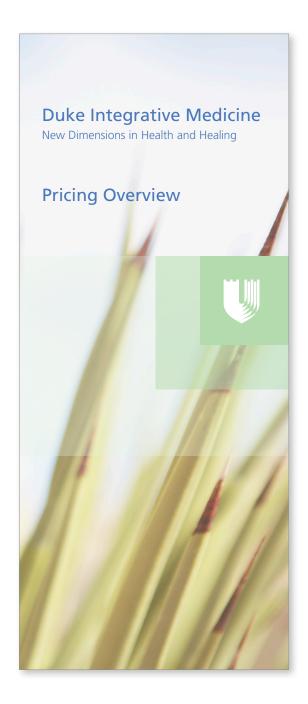
### **Brochures**

Marketing





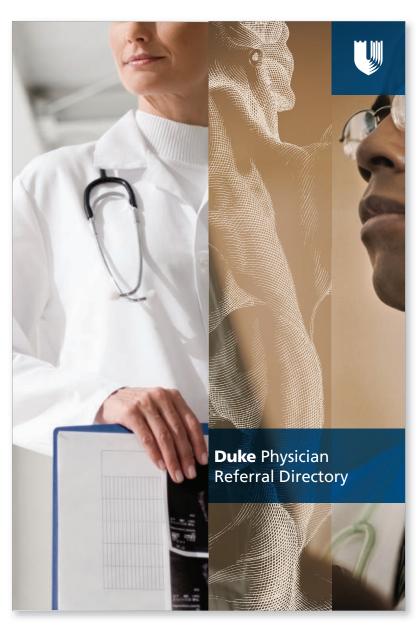
# Brochures Marketing





# **Physician Information**

Physician Referral Directory Practice Profile Sheet



# **Duke**Medicine









The experienced staff of Duke Primary Care Creedmoor Road offers primary care services for adults age 18 and up in North Raleigh. Our internal medicine specialists focus on preventive health measures and the treatment of acute and chronic medical conditions, such as heart disease, diabetes, high blood pressure, and other health concerns.

### **Payment and Insurance**

Please bring your insurance card to each appointment. We ask that patients pay their copayments, coinsurance, and deductible payments at the time of service. We accept Medicare as primary insurance. Patients without insurance or proof of insurance will be responsible for payment at the time of services. We offer a discount for self-pay patients and accept cash, checks, and credit cards.

### Prescriptions and Refills

To provide the best possible service for filling your prescriptions, please contact your pharmacy and have them fax your request to our office. Please allow 48 hours for the refill process to be completed. All other prescription requests, such as for controlled substances, can be made by calling us during normal business hours.





### Scope of Care

Internal Medicine

### **Practice location**

**Duke Primary Care Creedmoor Road** 7200 Creedmoor Road Suite 208 Raleigh, NC 27613

Phone 919-327-1650 Fax 919-382-8791

Office Hours Monday-Friday 8:00 a.m. - 5:00 p.m.

# **Educational Sponsorship**

Continuing Medical Education (CME) Direct sponsorship branding

9"x 6" Announcement postcard

4"x 9" Brochure cover, opposite





### **Educational Sponsorship**

Co-branded sponsorships use the Duke Medicine logo.

Continuing Medical Education (CME)

8.5"x 11" Posters



Hosted by Duke Comprehensive Cancer Center

National Comprehensive Cancer Network® Clinical Practice Guidelines in Oncology Symposium™

# Colon, Rectal, & Anal Cancers

Thursday, September 14, 2006

Searle Conference Center Searle G. Mudd Building **Duke University Medical Center Campus** 

### Faculty

Christopher E. Dech, MD National Comprehensive Cancer Network

Paul F. Engstrom, MD Fox Chase Cancer Center

Krystyna Kiel, MD Robert H. Lurie Comprehensive Cancer Center of Northwestern University

Kirk A. Ludwig, MD

Duke Comprehensive Cancer Center

Leonard Saltz, MD Memorial Sloan-Kettering Cancer Center

TRANSFORMING KNOWLEDGE



### Agenda

Registration 7:30-8:00am

**NCCN Guidelines Overview** and Update on CMS Oncology **Demonstration Program** 

Management of Anal Cancer 8:30-9:10

Surgical Approaches

9:15-10:00

10:05-10:20

**Locoregional Colon Caner** 10:20-11:05

Therapy for Advanced Disease 11:10-11:55

Closing Remarks 12:00

Lunch will immediately follow the program.

Agenda and faculty subject to

Supported by educational grants from:

Amgen Oncology Genentech Biooncology

ROCHE **Bristol-Myers Squibb** 

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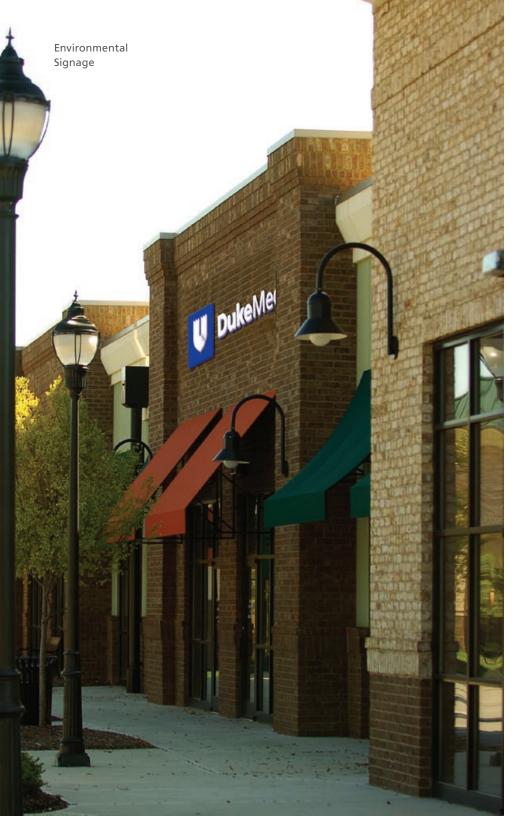














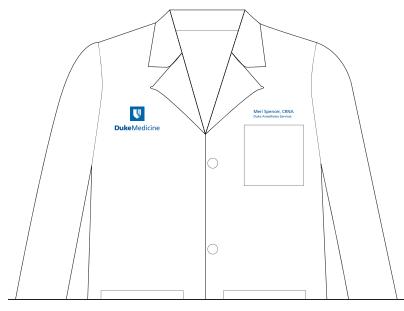




# Uniforms



**Nursing Scrubs** 



Lab Coats

### Web Sites



### Web Sites



# Television

